

**Dr. Marsha Boveja Riggio**  
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301-275-4025

## **Education**

***Ph.D. Educational Psychology: Counselor Education and Supervision, 2000***  
University of South Carolina, Columbia

***M.Ed. School Counseling, 1997***  
Bowie State University, Maryland

***B.A. Psychology, 1994***  
University of Maryland, College Park

***United States Army Reserves, Sept 1990 - September 2005***  
Mental Health Officer  
Behavioral Science Sergeant

## **Credentials**

Licensed Clinical Professional Counselor in Maryland  
Approved Clinical Supervisor in Maryland  
Licensed Professional Counselor in Washington, DC  
Approved Clinical Supervisor in Washington, DC  
National Certified Counselor

## **University Experience - 17 Years**

***University of Southern California, Los Angeles***  
***Program Lead and Associate Professor of Teaching, August 2018-Present***

Serve as the Counseling Program Lead for students getting their Master's degree in School Counseling or Post Master's Certificate in School Counseling. Oversee a comprehensive assessment plan (preprogram, during program, post program assessment of students, faculty, program), system development, course development, syllabus development, faculty evaluation/hiring, evaluating systems, program branding, and maintaining campus/national requirements. Program administrative oversight of the Field Experience process including practicum and internship. Community and outreach activities include: Initiating, cultivating, developing, maintaining, evaluating, and advocating for relationships in the community for our program and university as a whole. Hold quarterly "Courageous Conversation" sessions, group advising sessions, and networking sessions for students. Supervise 2 full-time, 5 part-time, and 12 adjunct faculty members. Also teach the "Power, Diversity, and Equity" course for doctoral students in the Educational Leadership program, participate as dissertation member for doctoral students, and serve as the Kappa Delta Pi Education Honor Society Chapter Faculty Advisor for the Alpha Gamma Gamma chapter.

***Argosy University, Washington, DC***  
***Chairperson, January 2016-August 2018***  
***Associate Professor, August 2013-August 2018***  
***Director of Training, August 2013-July 2016***

Served as the Counseling Department Chairperson for the MA in Clinical Mental Health Counseling program (CACREP-accredited), the EdD in Counselor Education and Supervision program (CACREP-accredited), and the EdD in Counseling Psychology (CP) program; CP program was transitioned to another department in 2016. Oversee the CACREP programs and have full responsibility for adhering to 2016 standards. During my tenure, I completed

the CACREP reaccreditation application which includes a self-study, addendum follow ups, site visit, and institutional response; we received full reaccreditation in July 2017 through 2024. Major program overhauls centered on implementing a systematic assessment system from admissions to alumni, curriculum mapping, syllabi development, training, and clinical supervision. My management responsibilities included supervising six full-time faculty members, 10 adjunct faculty members, one administrator, 10 teaching/research assistants, and two student workers.

Academic and administrative projects include: Oversee the Comprehensive Assessment Plan (preprogram, during program, post program assessment of students, faculty, program), system development, process management, course development, syllabus development, course scheduling, education learning objectives development, faculty evaluation/hiring, evaluating systems, program branding, maintaining campus/national requirements, and active leadership involvement with Maryland Counseling Association and Northern Virginia Counseling Association. Community and outreach activities include: Initiating, cultivating, developing, maintaining, evaluating, and advocating for relationships in the community for our department and campus as a whole. Supervise 5 full-time faculty members including Director of Training, 7 adjunct faculty members, 1 administrator, and 2 student workers.

Teach and advise graduate students in the MA in Clinical Mental Health Counseling program, the EdD in Counselor Education and Supervision program. Ground/Online/Blended graduate courses include Research and Evaluation, Appraisal and Assessment, Foundation of Counseling, Counseling Skills, Advanced Clinical Practice, Doctoral Seminar, and Practicum/Internship. Serve as Chair and Committee member for dissertations, serve as Student Conduct Committee member, lead CACREP reaccreditation committee, and previously served as Student Professional Development Committee Chair.

As the Director of Training, I also oversaw the pre/post/active field experience for practicum and internship for both masters and doctoral students (Clinical Mental Health Counseling, Counseling Psychology, Counselor Education and Supervision programs) and served as the liaison with over 100 community agencies. Training areas included: Development/sustainment of online training application system including agreements, evaluations and activity logs; CPCE/NCE/Doctoral Comprehensive Exam oversight; site supervisor partnerships; workshops; and maintaining national/CACREP standards throughout.

Served as chair of the Student Veteran Association, nominations committee for Chi Sigma Iota - the counseling honor society, and received the following awards: Teaching Excellence Award 2013-2014, Professional Service Award 2014-2015, and Student Mentorship Award 2015-2016.

***Johns Hopkins University, Baltimore, MD***  
***Faculty Associate/Assistant Professor, August 2003 – 2018***  
***Director of Postgraduate Programs, August 2005-2009***  
***Experiential Learning Coordinator, August 2005-2009***

Within the Department of Counseling and Human Services, faculty duties included teaching graduate students looking to complete their MS in School Counseling (CACREP-accredited) and Clinical Mental Health Counseling (CACREP-accredited). I supported initial CACREP accreditation with both programs being fully accredited. Ground/Online graduate courses taught are Research and Evaluation, Supervision, Clinical Internship, Group Counseling, Counseling Theory, Advanced Techniques in Counseling, Diversity and Social Justice, Diagnosis, Career Counseling, Appraisal and Assessment, and Counseling Adolescents. Also teach doctoral level students the required Clinical Supervision Models course, serve as subject matter expert in developing in the Clinical Supervision Models course and rebuilding of the Research and Evaluation course and Internship courses; served as Co-Faculty Advisor for Chi Sigma Iota Honor Society.

Director of Postgraduate Program duties included coordinating the post master certificate programs which offer training to school counseling alumni students, clinical mental health students, and seasoned practitioners in expanding their school/clinical knowledge, skills, and dispositions in working those in need of therapeutic services. Directorship included interviewing and selecting students for the programs, ascertaining appropriate curriculum, advising and developing program plans for students, and approving graduation applications.

Experiential Learning Coordinator duties included administrating internship orientation, approving new internship sites, maintaining internship site list, coordinating required site contracts, approving student documents/eligibility, developing course sections with registrar, updating/maintaining electronic platform of all internship documents/forms, developing and maintaining internship database each semester, maintaining communication year round with students/site supervisors/faculty/university administrators and approving graduation applications.

***Strayer University, Washington, DC***

***Professor and Adjunct Faculty, April 2009 – December 2015***

***Campus Dean, June 2010 - October 2011***

Chief Academic Administrator for all university campus-related issues and Chief Academic Advisor of all student-related issues. Oversee campus academic and educational services and responsible for all academic affairs at the Washington, DC and Takoma Park campuses. Provided scheduling and staffing of quarterly courses and address both faculty and student concerns. In conjunction with other campus leaders, play a critical role in defining the culture of the campus, as well as, issues related to curriculum development/planning, enrollment, retention, outreach and the appearance of the campus. Supervise Academic Assistants, Learning Resource and IT Managers and their staff for a total of 10 staff members, 50 full and adjunct professors, and 1100 students.

Taught ground/online graduate education and research courses and undergraduate psychology courses, while also advising, counseling, tutoring, and mentoring students. Served as Faculty Advisor for National Society of Collegiate Scholars and Faculty Advisor for the International Student Ambassador Scholars; elected to the Faculty Senate and also served as Diversity Co-Committee Chair for the TEAC proposal.

***University of South Carolina, August 1998 - December 1999***

***Instructor***

Taught graduate counseling Communication Skills and Group Counseling courses in the Department of Educational Psychology.

***Bowie State University, October 1996-August 1997***

***Teaching Assistant***

Teaching assistant with undergraduate Freshman Seminar courses.

***Dissertation/Thesis Committee Member, 2008 - Present***

Serve as a research, content, curriculum, editorial member of such committees with institutions including: University of Southern California, Lindsey Wilson University, Argosy University, Excelsior College, George Washington University, and University of Phoenix.

**Completed Dissertations - Chairperson**

1. TREATMENT OF ALCOHOL USE DISORDER UNDER THE LUHYA MUREMBE TREE IN KENYA
2. BLACK PARENTS DISCUSSIONS ABOUT SEXUAL CONSEQUENCES WITH THEIR PRE-ADOLESCENT CHILD
3. LEADING THE DREAM: UNDERSTANDING THE RESILIENCY OF UNAUTHORIZED LATINA HIGH SCHOOL SENIORS PURSUING HIGHER EDUCATION
4. SUCCESSFUL COMMUNITY REINTEGRATION OF PREVIOUSLY INCARCERATED AFRICAN-AMERICAN WOMEN
5. SELF-PERCEPTIONS OF WOMEN VETERANS SEEKING MENTAL HEALTH COUNSELING
6. ASSESSING TREATMENT CRITERIA FOR AFRICAN AMERICAN WOMEN WITH SUBSTANCE USE DISORDERS

7. A COMPARISON OF THE WELLNESS LEVELS AMONG ENTRY-LEVEL, MID-LEVEL, AND LICENSED SUBSTANCE ABUSE COUNSELORS
8. THE ACCULTURATION PROCESS AMONG FIRST GENERATION LATINA/O PARENTS: A MIXED METHODS EXPLANATORY SEQUENTIAL DESIGN STUDY
9. MEASURING PERCEPTIONS OF MASCULINITY AND EXECUTIVE FUNCTION BEHAVIORS IN ADOLESCENT AFRICAN AMERICAN MALES
10. PREDICTING ATTITUDES TOWARDS MENTAL HEALTH HELP-SEEKING, AMONG THE SEVENTH-DAY ADVENTIST CHURCH COMMUNITY
11. PSYCHOSOCIAL FACTORS THAT INFLUENCE HIV NEGATIVE AFRICAN AMERICAN WOMEN COMMUNICATION PATTERNS WITH THEIR SEXUAL MALE PARTNERS ABOUT HIV
12. RESILIENCE TO PAST TRAUMAS AND SUBSEQUENT EFFECT ON COMMUNITY COLLEGE STUDENTS
13. PREVALENCE OF POSTTRAUMATIC STRESS DISORDER SYMPTOMS AMONG PUBLIC SAFETY PROFESSIONALS IN VIRGINIA
14. HOW IS SPIRITUAL COUNSELING PERCEIVED IN PRACTICE BY COUNSELORS AND CLIENTS?
15. ARE LICENSED PRACTICING COUNSELORS SPIRITUALLY COMPETENT IN THEIR PRACTICE?

**Completed Dissertations – Committee**

1. THE RESILIENCY OF BLACK MARRIAGE: AN EXAMINATION OF LONG-TERM AFRICAN AMERICAN MARRIAGES
2. THE WELLNESS OF ADULT FEMALE CAREGIVERS OF SIBLINGS WITH AUTISM SPECTRUM DISORDER
3. TEACHER, SCHOOL COUNSELOR, AND PRINCIPAL PERCEPTIONS ON GRADE RETENTION AND THEIR DECISION TO RETAIN STUDENTS: A MIXED METHOD STUDY
4. INHIBITORS THAT AFFECT ARMY VETERANS SEEKING MENTAL HEALTH SERVICES WHILE ON ACTIVE DUTY
5. THE ROLE OF NARCISSISTIC TRAITS IN INTIMATE PARTNER ABUSE: A CASE STUDY ANALYSIS
6. EXAMINING THE POSSIBLE EFFECTS OF RESILIENCY LEVELS ON BURNOUT LEVELS OF SCHOOL COUNSELORS
7. WORKPLACE BULLYING AND PROFESSIONAL IDENTITY DEVELOPMENT AMONG WOMEN
8. IMPLICATIONS OF CHILD MALTREATMENT IN MILITARY FAMILIES
9. A PHENOMENOLOGICAL STUDY OF THE LIVED EXPERIENCES OF SALVADORAN IMMIGRANT PARENTS AND REUNIFICATION
10. EXPANDING AVAILABILITY OF OUTPATIENT SUBSTANCE ABUSE SERVICES FOR INDIVIDUALS IN THE MILITARY COMMUNITY

11. FINDING MEANING, PURPOSE, SELF-FULFILLMENT, AND HAPPINESS AFTER MILITARY SERVICE
12. USING RESTORATIVE PRACTICE COMMUNITY-BUILDING ACTIVITIES TO MEET THE SOCIAL EMOTIONAL NEEDS OF STUDENTS
13. HIGH SCHOOL COUNSELORS' SUPPORT OF FIRST-GENERATION STUDENTS' POSTSECONDARY PLANNING: AN EVALUATIVE STUDY

### **Management Experience – Over 20 years**

#### ***Riggio Consulting Services, February 2008-Present Consultant***

Facilitation of specified planning and projects for Board of Directors, Executive Teams, Senior Management, and Joint Committees of profit/non-profit organizations for varying industries. This includes: Fostering Intellectual Leadership, Systems Development, Quality Improvement Projects, Developing Streamlined Processes, Strategic Planning, Workflow Development, Business Planning, Organic Planning, and Curriculum Development.

#### ***Rosemount Center, October 2001 - December 2006 & June 2009-May 2010***

##### ***Director***

Directed the programs of a non-profit, multilingual and multicultural center in Washington, DC. Charged with daily management of 70 employees (unionized with SEIU), including senior managers across several program areas. Conducted all staff evaluations including professional development plans and addressing Memorandums of Record. Coordinated services with community partners, supported the completion of a \$6.4 million facility renovation and worked with various government agencies to ensure proper licenses, including: Building, occupancy, fire, etc. Implement policies/procedures related to programs, ongoing monitoring, human resources, self-assessments, community assessments and annual program area plans. Led annual government reviews with local and national funders and generated monthly/annual government reports as required. Developed, implemented and maintained effective program management system that included monitoring, record-keeping, and communication.

#### ***Retirement Living Television, January 2007- December 2008***

##### ***Director of Research***

Led the operations of the research department in producing, reviewing and analyzing cutting-edge aging research to support product development, programming, marketing, advertising/sales, and business development. Responsibilities included operational administration and coordination of the day-to-day activities of a team of research associates, fiscal/budget oversight, data collection, book and article publications, monitoring and analyzing industry trends, product placement/alignment with media curriculum, oversight of a content management system, vetting of research, management of an internship program, monthly staff trainings, development of monthly newsletter, implementation of ISO-9000 procedures and presenting at local and national conferences.

#### ***U.S. Army Reserves, September 1990-2005***

##### ***Behavioral Science Specialist/ Mental Health Officer- Honorable Discharge***

Units served in include: 531st Combat Stress Control Company (Posttraumatic Stress Disorder Unit) in Baltimore, MD; 81st Regional Support Command (Operations Unit) at Ft. Jackson in Columbia, SC; 1189th Transportation Unit in Charleston, SC; 676th Medical Company in Fairmont, West Virginia; 2290th Army Hospital in Rockville, MD; and Walter Reed Army Medical Center in Washington, DC. Management roles included serving as: Training Officer, Supply Officer, and Systems Development Officer. Administrative tasks included: training troops, maintaining proper documentation and relevant statistics, supervising other soldiers, running career counseling groups, conducting behavioral science workshops, performing common army task training and serving as a member of the Equal Opportunity Board. Distinguished awards include: National Defense Ribbon, Army Achievement Medal, and Army Physical Fitness Badge.

## **Mental Health Experience - 29 Years**

### ***Riggio Consulting, February 2008-Present Psychotherapist and Supervisor***

Counselor with children, individuals, couples and families in home, office, school settings to help them overcome a range of psychological and emotional concerns. Supervisor for individuals seeking counseling/psychotherapy licensure/supervision requirements.

### ***U.S. Army Reserves, September 1990-2005***

#### ***Behavioral Science Specialist/ Mental Health Officer- Honorable Discharge***

As an enlisted soldier and commissioned officer, served as a direct provider and supervisor of individual and group clinical services, predominantly Posttraumatic Stress Disorder (PTSD) psychotherapy, to inpatient and outpatient soldiers (enlisted and officers), dependents, and veterans via psychiatric wards, Veteran Affairs hospitals, veteran non-profit centers, homeless veteran centers, and field units. In constant referencing with the Diagnostic and Statistical Manual of Mental Disorders (DSM), many clients dually diagnosed with addiction issues and general medical conditions, with intense symptoms of anxiety/adjustment disorders. Many PTSD patients also experienced intense psychosocial and environmental stressors as well as limited "global functioning" abilities which I provided counseling. Clinical settings included multi-treatment plans (some research-based) of both drug and behavior modality interventions. Field settings included base approaches of solution-focus brief therapy, behavior therapy, and cognitive behavior therapy.

### ***Department of Mental Health (DMH), September 2000 - October 2001***

#### ***School Counselor***

Through the DMH, worked with students at the Maya Angelou Public Charter High School in Washington, DC. Duties included individual, group, family, and peer counseling; developing curriculum; teaching life skills classes; and working collaboratively with other School Counselors in 16 charter schools under the Safe Schools/Healthy Schools grant.

### ***Palmetto Baptist Medical Center (BMC), November 1997-December 1998***

#### ***Counselor***

Work with individuals, couples, families, and groups; goals for many clients include enhancing their problem-solving abilities, increasing their interpersonal skills, gaining an understanding of themselves and communicating more effectively; and also help clients with their emotional problems such as depression and anxiety, family transitions and conflict, parenting or step-parenting issues, grief/loss, and behavior changes. The Children's Program at BMC - Work with children and adolescents with above issues, including divorce recovery, behavioral difficulties, self-control, anger management, ADD and ADHD difficulties, teen suicide, single parenting, and children and grief.

## **Presentations, Workshops & Trainings**

Riggio, M. (2008-present). Career Development, Training, Strategic Planning, Business Planning, Organic Planning, and Organizational/Curriculum Development. Facilitation of specified planning for Board of Directors, Executive Teams, Senior Management, and Joint Committees of profit/non-profit organizations for varying industries via Riggio Consulting Services.

Riggio, M., Spann, R., & Chester, L. (2020, August). "Developing your Social Advocacy Quilt." Workshop presented for the University of Southern California Social Determinants of Community Well-being Conference.

Riggio, M. & Chester, L. (2020, August). "Developing your Advocacy Orientation." Workshop presented at SMILE Therapy Services, Columbia, MD.

Riggio, M. (2020, July). "Developing your Advocacy Orientation." Keynote for the Maryland Counselors for Social Justice Annual Conference.

Riggio, M. (2020, July). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Washington, S., Riggio, M., Pressley, F., and Trahan, D. (2020, June). "Suicide and Youth." Workshop presented at the American Mental Health Counseling Association Annual Conference.

Spann, R., Riggio, M., & Chester, L. (June, 2020). "Navigating your Mental Health During Challenging Times." Workshop presented at Mount Carmel Baptist Church, Philadelphia, PA.

Riggio, M. & Reed, E. (2020, May). "Compassion Fatigue." Training presented for the University of Southern California Mental Health 2020 Conference.

Riggio, M. (2020, March). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. and Spann, R. (2020, March). "Courageous Conversations about Resiliency and our Lived Experiences." Workshop presented at the University of Southern California, School of Education.

Riggio, M., Spann, R., Green, A., & Trahan, D. (2020, March). "Courageous Conversations about Race and Resiliency." Workshop Presented for the University of Southern California Diversity, Equity, and Inclusion Conference.

Riggio, M. (2019, December). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. and Spann, R. (2019, October). "Courageous Conversations about Resiliency and our Lived Experiences." Workshop presented at the University of Southern California, School of Education.

Riggio, M., Washington, S. Chester, L., Pressley, F., & Trahan D. (2019, September). "Courageous Conversations about Race and Resiliency." Workshop accepted for presentation at the Mediterranean Counseling Association Conference.

Riggio, M., Washington, S. Chester, L., Pressley, F., & Trahan D. (2019, September). "13 Reasons Why: A Mental Health Perspective on the Glamorization of Suicide." Workshop accepted for presentation at the Alabama Higher Education Suicide Prevention Conference.

Riggio, M. (2019, September). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. and Spann, R. (2019, August) "Courageous Conversations about Resiliency and our Lived Experiences." Workshop presented at the University of Southern California, School of Education.

Riggio, M., Miller, C., Chester, L., & Trahan D. (2019, July). "Equitable Access to Courageous Stories of Resiliency." Presentation at the Philadelphia Trauma Training Conference.

Riggio, M. (2019, June). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. and Spann, R. (2019, May). "Collaborating for Change via Courageous Stories of Resiliency." Workshop presented at the California Association for Licensed Professional Clinical Counselors conference in Los Angeles, CA.

Riggio, M. and Spann, R. (2019, May). "Courageous Conversations about Resiliency and our Lived Experiences." Workshop presented at the University of Southern California, School of Education.

Riggio, M. and Trahan D. (2019, May). "Courageous Conversations about Race and Resiliency." Workshop presentation at the NBCC Foundation Bridging the Gap Symposium in Atlanta, GA.

Riggio, M. and Trahan D. (2019, April). "African American Youth and At-Risk Sexual Behavior." Workshop accepted for presentation at the International Association for Black Sexologists and Therapists Annual Conference at USVI.

Riggio, M. (2019, January). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M, Spann, R., Green, A., & Trahan, D. (2019, January). "Courageous Conversations about Race and Resiliency." Workshop Presented for the University of Southern California Diversity, Equity, and Inclusion Conference.

Riggio, M. and Heather, M. (2018, November). "Broaching Cultural Dynamics in Clinical Supervision." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M. and Moak, V. (2018, November). "Cultural Dynamics in Substance Abuse Recovery." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M. and Trahan, D. (2018, November). "Barbershop Conversations and Black Men." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M. and Washington, S. (2018, November). "Courageous Stories about Race and Resiliency." Workshop presented for the Virginia Counseling Association Annual Conference.

Riggio, M. and Spann, R. (2018, November) "Courageous Conversations about Resiliency and our Lived Experiences. Workshop presented at the University of Southern California, School of Education.

Riggio, M., Chester, L., & Trahan D. (2018, October). "Impact of Fredrick Douglass' Narrative on Black Males Resiliency Narrative." Roundtable discussion presented for the International Colloquium on Black Males in Education Annual Conference in Dublin, Ireland.

Riggio, M. (2018, September). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. & Trahan, D. (2018, September). "Black Male Identity: The Complexity of Intersectionality from a Global Lens." Presentation accepted for The Scientific Committee for the 2018 International Association for Counselling conference in Rome, Italy.

Riggio, M. (2018, June). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M., Chester, L., & Trahan D. (2018, April). "Courageous Conversations about Race." Workshop presented for the International Association for Black Sexologists and Therapists Annual Conference at USVI.

Riggio, M. & Chester, L. (2018, March). "Vicarious Trauma with Counselors." Keynote presentation for the New Jersey Counseling Association.



Riggio, M. (2018, March). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M., Washington, S. Chester, L, Pressley, F., & Trahan D. (2018, February). "13 Reasons Why: Suicide and Youth." Workshop presented at the Columbia University, Teacher's College Annual Roundtable Conference.

Riggio, M. (2017, December). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M., Miller, C., & Washington, S. (2017, November). "Courageous Conversations about Race." Preconference workshop presented for the Virginia Counseling Association Annual Conference.

Riggio, M., Griffin, W., & Chester, L. (2017, November). "Brave Conversations about Race." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M., Pressley, F, & Modlin, P. (2017, October). "Race and Resilience within African American Males." Roundtable discussion presented for the International Colloquium on Black Males in Education Annual Conference in Toronto, Canada.

Riggio, M. (2017, July). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M (2017, May). "Cultural Dynamics and Ethics in Supervision." Facilitated training for university site supervisors in the Virginia, Maryland, and Washington DC.

Riggio, M. (2017, March). "Intimacy and Older Adults." Training presented for Montgomery County Parks and Recreation.

Riggio, M. (2017, March). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. (2016, December). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. & Ramaswamy, A. (2016, November). "Invisible Race, Culture, and Ethnicity." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M. & Ruiz, W., (2016, November). "Courageous Conversations about Race." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M. (2016, November). "Current Events and School and Clinical Supervision." Workshop presented for the Maryland Counseling Association Annual Conference.

Riggio, M., Ruiz, W., Trahan, D., & Kornegay, D. (2016, November). "Courageous Conversations about Race." Preconference workshop presented for the Virginia Counseling Association Annual Conference.

Riggio, M. (2016, October). "Courageous Conversations about Race for Policy Makers." Workshop presented for the White House Reach Higher Initiative Annual Conference at American University.

- Riggio, M. & Trahan, D., & Kornegay, D. (2016, October). "Stories of Black Males and their Resiliency in Transitions." Roundtable discussion presented for the International Colloquium on Black Males in Education Annual Conference in Bermuda.
- Riggio, M. (2016, September). "Drugfree Workplace for WSCC Employees." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2016, June). "Effective Business Communication." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2016, June). "Using Email the Right Way." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2016, May). "Drugfree Workplace for DOT Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2016, April). "Black Men: Trauma, Bullying, and Resiliency." Facilitated for the Maryland Counseling Association at Johns Hopkins University.
- Riggio, M. (2016, April). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training being presented for the Licensed Professional Counselors in Maryland supervision training series.
- Lambert, S., Unterberg, H. & **Riggio, M.** (2016, March). "Addiction and Family Systems." Presented at the International Association of Marriage and Family Therapists Annual Conference.
- Riggio, M. (2016, February). Workplace Violence. Presented at the Maryland Association for Marriage and Family Counselors/Maryland School Counseling Association workshop. Baltimore, MD.
- Riggio, M. (2016, February). "Drugfree Workplace for Non-DOT Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, December). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2015, November). "Drugfree Workplace for Non-DOT Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, November). "Social Media Do's/Don'ts." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, November). "Coaching Skills for Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, October). "Delivering Customer Service Excellence." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, October). "Managing Your Career." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, October). "Managing Your Emotions in the Workplace." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2015, September). "Sleep: An Essential Component of Health and Well-Being." Workshop scheduled on behalf of Compsych EAP program at Maryland National Capital Park and Planning Commission.

Riggio, M. (2015, September). "Drugfree Workplace for Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2015, June). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. (2015, June). "Coping with a Traumatic Event." Workshop scheduled on behalf of Compsych EAP program at AECOM Technology Corporation.

Riggio, M. (2015, June). "Laughter, Humor and Play to Reduce Stress and Solve Problems." Workshop presented on behalf of Compsych EAP program at Maryland National Capital Park and Planning Commission.

Riggio, M. (2015, April). "Customer Service." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2015, March). "Drugfree Workplace for Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2015, March). "Drugfree Workplace for Employees." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2015, February). "Drugfree Workplace for Employers." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2015, February). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Can You Think Your Way out of Depression? [Interview with Marsha Riggio]. (October, 2014). Right Step.

Riggio, M. (2014, November). "Managing Negativity in the Workplace." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, November). "Drugfree Workplace for Employers." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, October). "Drugfree Workplace for Employers." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, September). "Drugfree Workplace for Employees." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, August). "Drugfree Workplace for Employees." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, June). "Drugfree Workplace for Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, June). "Drugfree Workplace for Employees." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

Riggio, M. (2014, May). "Drugfree Workplace for Supervisors." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.

- Riggio, M. (2014, May). "Drugfree Workplace Employees." Workshop presented on behalf of Compsych EAP program at Montgomery County Government.
- Riggio, M. (2014, March). "The Confident You: Taking Charge of Your Life." Workshop presented on behalf of Compsych EAP program at Maryland National Capital Park and Planning Commission.
- Riggio, M. (2014, March). "Supervising Clinicians Working with Adolescents." Workshop presented at the American Society for Adolescent Psychiatry.
- Riggio, M. (2013, June). "Supervisory Relationships, Supervision Models, Multicultural and Group Supervision, & Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2013, June). "Multicultural and Group Supervision." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2013, March). "Treatment of Children in Military Families." Training presented for Maryland MHA 9th Annual Child & Adolescent Mental Health Conference.
- Riggio, M. (2013, March). "Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2013, March). "Supervisory Relationships." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2013, January). "Multicultural and Group Supervision." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2013, January). "Supervision Models." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, September). "Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, September). "Supervisory Relationships." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, June). "Multicultural and Group Supervision." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, June). "Supervision Models." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, March). "Legal and Ethics in Counseling." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, March). "Supervisory Relationships." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, January). "Supervision Models." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2012, January). "Multicultural and Group Supervision." Training presented for the Licensed Professional Counselors in Maryland supervision training series.
- Riggio, M. (2011, December). "Connecting Mind and Body for Healthy Living." Workshop presented on behalf of

Compsych EAP program at Library of Congress.

Riggio, M. (2011, November). "EAP Presentation." Workshop presented on behalf of Magellan EAP program at JDSU.

Riggio, M. (2011, November). "EAP Presentation." Workshop presented on behalf of Magellan EAP program at US Marine Corps.

Riggio, M. (2011, November). "Becoming a Team Player." Workshop presented on behalf of Compsych EAP program at Library of Congress.

Riggio, M. (2011, November). "Managing Holiday Stress." Workshop presented on behalf of Compsych EAP program at US Department of Homeland Security.

Riggio, M. (2011, October). "Living with Change." Workshop presented on behalf of Compsych EAP program at Library of Congress.

Riggio, M. (2011, October). "EAP Presentation." Workshop presented on behalf of Magellan EAP program at MedCo Health Solutions.

Riggio, M. (2011, September). "Health Lifestyle." Workshop presented on behalf of Compsych EAP program at Covington and Burling Company.

Riggio, M. (2011, September). "Supervisory Relationships." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. (2011, August). "Developing Professional Goals." Workshop presented on behalf of Compsych EAP program at US Department of Homeland Security.

Riggio, M. (2011, August). "Balancing Work and Life." Workshop presented on behalf of Compsych EAP program at Daniel J. Edelman Company.

Riggio, M. (2011, August). "Stress - A Way of Life." Workshop presented on behalf of Compsych EAP program at Daniel J. Edelman Company.

Riggio, M. (2011, July). "Improving Your Memory." Workshop presented on behalf of Compsych EAP program at Connectiv Company.

Riggio, M. (2011, June). "The Confident You: Taking Charge of Your Life." Workshop presented on behalf of Compsych EAP program at Connectiv Company.

Riggio, M. (2011, May). "Supervision Models." Training presented for the Licensed Professional Counselors in Maryland supervision training series.

Riggio, M. (2011, February). "Friendly Persuasion." Workshop presented on behalf of Compsych EAP program at US Department of Homeland Security.

Riggio, M. (2011, January). "Time Management." Workshop presented on behalf of Compsych EAP program at Howard University.

Riggio, M. (2011, January). "Enhancing Your Job Performance." Workshop presented on behalf of Compsych EAP program at US Department of Homeland Security.

Riggio, M. (2010, December). "Effective Communication." Workshop presented on behalf of Compsych EAP program at US Department of Homeland Security.

Riggio, M. (2010, November). "Working with the Challenging Supervisee." Workshop presented at the Licensed Professional Counselors in Maryland annual conference.

Riggio, M. (2010, October). "Working with the Challenging Student." Workshop presented at Strayer University's annual regional faculty meeting.

Riggio, M. (2010, October). "Balancing Work and Life." Workshop presented on behalf of Compsych EAP program at GE Women's Group.

Riggio, M. (2010, October). "Time Management." Workshop presented on behalf of Compsych EAP program at Hyatt Hotel.

Riggio, M. (2010, October). "Understanding EAP Benefits." Workshop presented on behalf of Compsych EAP program at Howard University.

Riggio, M. (2010, October). "Staying Organized." Workshop presented on behalf of Compsych EAP program at Hyatt Hotel.

Riggio, M. (2010, October). "Learning to Learn." Workshop presented on behalf of Compsych EAP program at DLA Piper law firm.

Riggio, M. (2010, September). "Balancing Work and Life." Workshop presented on behalf of Compsych EAP program at GE Healthcare Company.

Riggio, M. (2010, September). "Stress." Workshop presented on behalf of Compsych EAP program at the Dewey and LeBroef international law firm.

Riggio, M. (2010, August). "Resiliency: Bouncing Back After a Setback." Workshop presented on behalf of Compsych EAP program at the Dewey and LeBroef international law firm.

Riggio, M. (2010, August). "Balancing Work and Life." Workshop presented on behalf of Compsych EAP program at the Dewey and LeBroef international law firm.

Riggio, M. (2010, April). "Stepfamilies: Challenges and Solutions." Asked to present on behalf of Compsych EAP program at the Library of Congress.

Riggio, M. (2010, February). "Getting It All Done: Managing Time, Priorities and Interruptions." Asked to present on behalf of Compsych EAP program at the Library of Congress.

Riggio, M. (2008, March). "Caregiving for Older Adults." Workshop presented at the American Society of Aging Conference.

Riggio, M. (2008, March). "Home Safety for Seniors." Workshop presented at the American Society of Aging Conference.

Riggio, M. (2008, March). "Counseling Older Adults." Workshop presented at the American Society of Aging Conference.

Riggio, M. (2008, February). "Heart Awareness and Aging." Training given at Retirement Living TV, Columbia, MD.

Riggio, M. (2007, December). "Home Safety and Older Adults." Training given at Retirement Living TV, Columbia, MD.

Riggio, M. (2007, November). "Caregiving for Older Adults." Workshop presented at the National Caregiver Conference.

Riggio, M. (2007, November). "Home Safety for Seniors." Workshop presented at the National Caregiver Conference.

Riggio, M. (2007, November). "Media Ageism." Workshop presented at the Gerontological Society of Aging Conference.

Riggio, M. (2007, November). "Caregiving for Older Adults." Workshop presented at the Gerontological Society of Aging Conference.

Riggio, M. (2007, November). "Home Safety for Seniors." Workshop presented at the Gerontological Society of Aging Conference.

Riggio, M. (2007, November). "HIV/AIDS Among Older Adults." Poster presented at the National Caregiver Conference.

Riggio, M. (2007, November). "Mental Health of Older Adults." Poster presented at the Gerontological Society of Aging Conference.

Riggio, M. (2007, November). "Fraud and Older Adults." Poster presented at the Gerontological Society of Aging Conference.

Riggio, M. (2007, October). "Aging Perspective." Training given at Retirement Living TV, Columbia, MD. Training on understanding the perspective of older adults. In particular, being a practicing doctor, generational differences, marriage, multiple careers and humor.

Riggio, M. (2007, September). "Aging Perspective." Training given at Retirement Living TV, Columbia, MD. Training on understanding the perspective of older adults. In particular, Latinos, writing books, making/selling art, grandparenting, civil war and working.

Riggio, M. (2007, September). "Aging Perspective." Training given at Retirement Living TV, Columbia, MD. Training on understanding the perspective of older adults. In particular, womanhood, going back to school, working, being single and being an advocated for Alzheimer's Disease.

Riggio, M. (2007, July). "Aging Perspective." Training given at Retirement Living TV, Columbia, MD. Training on understanding the perspective of older adults. In particular, African-Americans, acting, being a professional clown, marriage and having multiple careers.

Riggio, M. (2007, June). "Elder Abuse Awareness." Training given at Retirement Living TV, Columbia, MD.

Riggio, M. (2007, June). "Aging Perspective." Training given at Retirement Living TV, Columbia, MD. Training on understanding the perspective of older adults. Description: Workshop on understanding the perspective of older adults. In particular, Latinos, marriage, living abroad, being single, womanhood, publishing books and blogging.

Riggio, M. (2007, May). "The Aging Experience - Hands On." Training given at Retirement Living TV, Columbia, MD.

Riggio, M. (2007, May). "Aging Perspective." Training given at Retirement Living TV, Columbia, MD. Training on understanding the perspective of older adults. In particular, African-Americans, religion, marriage, second marriages, retirement, retired military and continuing in the workforce.

Riggio, M. (2007, April). "Aging and Driving." Training given at Retirement Living TV, Columbia, MD.

Riggio, M. (2007, March). "Aging, Vision, and Memory." Training given at Retirement

Living TV, Columbia, MD.

Riggio, M. (2007, February). "What is the 55+ Population?" Training given at Retirement Living TV, Columbia, MD.

Riggio, M. (2006, February). "Transcultural Inclusion Model." Workshop presented at the Head Start Hispanic Institute.

Boveja, M. (2003, March). "Leadership Legalities." Workshop accepted for presentation at the Maryland Association for Counseling and Development annual Leadership retreat.

Boveja, M. (2002, June). "Leadership within Committees." Paper presented at the Maryland Association for Counseling and Development annual Leadership Retreat.

Boveja, M. (2001, March). "Celebrating the cultural spirit of urban youth." Paper accepted for presentation at the MACD conference.

Boveja, M. (2000, April). "How does cultural identity development effect academic achievement?" Paper accepted for presentation at the National Association for Multicultural Education: Maryland Multicultural Coalition conference.

Boveja, M. (2000, March). "Building cultural bridges for urban youth." Paper presented at the Maryland Association for Counseling and Development conference.

Boveja, M. (2000, March). "Formatting the cultural future of urban youth." Paper accepted for presentation at the American Counseling Association conference.

McFadden, J. and Boveja, M. (1999, October). "A transcultural and technological curriculum in CACREP-accredited programs." Paper presented at the Association of Counselor Education and Supervision conference.

Boveja, M. (1999, April). "Advocating for Latino youths." Paper presented at the American Counseling Association conference.

Boveja, M. (1999, February). "Cultural identity development of Latina's." Paper presented at the 12th annual Women's Studies conference (USC).

Boveja, M. (1999, January). "Latino culture, academic, and career development." Paper presented at the South Carolina Counseling Association annual conference.

Boveja, M. (1998, October). "Parenting styles and adolescents' learning strategies in the urban community: Implications for counselor educators and supervision." Paper presented at the 1998 Southern Association for Counselors and Supervisors conference.

Boveja, M. (1998, October). "Latino youth development program." Research proposal presented at the 1998 Southern Association for Counselors and Supervisors conference.

Boveja, M. (1998, June). "The effects of your parenting style." Paper presented at Palmetto Baptist Medical Center.

Boveja, M. (1998, February). "Who is holding their cards": Learning and studying strategies of female Hispanic-American students. Paper presented at the 11th annual Women's Studies Conference (USC).

Boveja, M. (1998, February). "My dog ate it: Improving study habits of minority



students." Paper presented at the 1998 South Carolina Counseling Association conference.

Boveja, M. and Hawley, L. (1998, January). "Scoring Your Goals." Paper presented at Palmetto Baptist Medical Center.

## **Research Experience - 15 Years**

### ***Current Research***

- Resiliency, African American Youth, and Community Advocacy
- Collaboration between School and Clinical Supervisors
- Working with Clinicians of Historically Disenfranchised Youth
- Resiliency and African American Male Youth in the Education System
- Mental Health Perspectives of West African Youth
- Suicide among Female Youth of Indian Descent
- Spirituality Competencies of Counseling Supervisors and Clinicians Working with Historically Disenfranchised Youth

### ***Previous Research***

#### ***Measuring Children's Development, 10/01-12/06***

Examining children's development using an individualization model (age's infants through five) quarterly to assess for goal attainment in the areas of: Literacy, Language Development, Math, Science, Socio-emotional, Approaches to Learning, Music, and Creative Arts.

#### ***Early Childhood Curriculum Development, 10/01-12/06***

Examining effectiveness of developing children portfolios (ages infants through five) that include annual child development plans, quarterly progress reports, monthly thematic work, weekly lessons, daily observations, home visits, parent conferences, disability plans, and art work.

#### ***Urban Latino Youth Development, 9/02-12/06***

Examining effectiveness of a youth program that exposes high school students to the ECE field via classroom exposure, administrative projects, and technology training.

#### ***Latino Adolescent Development, 1/98 - 12/00***

Looking at the relationship between the identity development of Latino adolescents and their academic achievement level. Implication is to see how this effects their career development.

#### ***Developmental School Transition Anxiety, 9/97 - 12/00***

Comparing Separation Anxiety Disorder of children to a developmental model of transition anxiety. Implications are for counselors, teachers, and parents to implement preventive and remedial strategies in working with children experiencing transition anxiety via a case study.

#### ***Dissertation Research, 1/00-12/00***

Worked on Ph.D. dissertation research that looked at the academic effects of achieving an ethnic identity as a Latino adolescent.

#### ***Mid-Atlantic Equity Center, 6/00-12/00***

Conducted educational research with implications at the school and community levels.

## **Grant Experience**

### ***Development Office (December 2003- December 2006 & June 2009-May 2010)***

Through the Rosemount Center, work closely with the COO and Development Office on the following development efforts: Capital campaign, annual fund, benefit events, etc. and helped the organization receive program and operation grants, including from: Philip Graham Fund, Inter-American Development Bank, Abell Foundation, Washington's Children's Foundation, Women of All Saints Church, Stewart Foundation, Target, Freddie Mac Foundation, Reid Foundation and Strong Foundation.

***Early Head Start Expansion Grant (November 2009)***

Through the Rosemount Center, applied and received a grant for about \$300,000 to expand Early Head Start home-based program and several center-based slots for infant/toddler and family program for low-income families in Washington, DC.

***Head Start - Reapplication Grants (March 2002 - 2006)***

Through the Rosemount Center, applied and receive a reapplication grant of almost \$1 million to fund a preschool and family program for low-income families in Washington, DC annually.

***Early Head Start - Reapplication Grants (May 2002 - 2006)***

Through the Rosemount Center, applied and receive a reapplication grant over \$1 million to fund an infant/toddler and family program for low-income families in Washington, DC annually.

***Early Intervention Grants (September 2002 - 2006)***

Through the Rosemount Center, applied and receive a reapplication grant of \$30,000 for servicing special needs children in Washington, DC annually.

***Youth Initiative Grant (September 2002-August 2003)***

Through the Rosemount Center, applied and received a grant of \$17,000 to support a youth internship program in early childhood development and administration.

***Early Head Start - Expansion Grant (September 2002 - August 2003)***

Through the Rosemount Center, applied for an expansion grant of \$100,000 to expand an infant/toddler and family program for low-income families in Washington, DC.

***Community Block Grant (September 2002-August 2003)***

Through the Rosemount Center, applied for a grant of \$75,000 to fund a community program.

***Fatherhood Initiative Grant (September 2002-August 2003)***

Through the Rosemount Center, applied and received a grant of \$20,000 to support a male and fatherhood program in the center.

***Urgent Grant (September 2002 - August 2003)***

Through the Rosemount Center, applied for a grant of \$60,000 to fund an immigrant family service program.

***Southern Association of Counselor Education and Supervision (1998, Fall)***

Received a research grant to work on a "Latino Youth Development Program."

**Education Experience - 11 Years*****Sylvan Learning Center (SLC), September 1997-September 1999.******Positions held: Teacher, Test Administrator, Instructor and Assistant Director***

Study Skills Program Coordinator: Worked with students in several areas: Organization, time management, attitude, motivation, anxiety, concentration, information processing, selecting main ideas, study aids, self-testing, and test strategies; Taught students from pre-school age through adult, in SLC's Academic Reading, Mathematics; Writing, and Study Skills programs; Conducted SAT & GRE preparation course with seniors, college-level students, and graduate students; Individualized instruction was highly motivated with class sessions meeting twice a week with a student - teacher ratio of 3:1; and Administered and oversaw the diagnosis process of incoming students, including administering a battery of assessments to determine each individual's strengths, weaknesses, and specific needs; diagnosis led to the development of a detailed educational prescription for each student. Additional duty: Assisted the Director in establishing initial assessments and conducting enrollment conferences with potential families; assisted the Director of Education in preparing educational reports.

***Rosemount Center, September 1994-October 1996***  
***Home Based Child Counselor***

Maintained a caseload of low-income children/families that I worked with in regards to several focal areas: Social services-career development, job training, employment; parent involvement-parenting classes, child care services, parent counseling groups; education-GED classes, technical and job-related classes and/or programs; health-behavioral issues, nutrition, physical exams, dental and vision care, mental health issues; coordinated socialization activities, health -related events, and presentation of guest speakers at in-house seminars; and attended weekly meetings at various workshops and seminars related to case management issues, welfare reform, violence in the schools, and behavior modification.

***Children's Center, September 1987-September 1994***  
***Kindergarten Teacher***

Licensed and Certified in Montgomery County, MD as a day care director/Kindergarten teacher and as a senior staff teacher; worked with Child Care Administration in maintaining facilities for Social Services parents; adhered to all guidelines of county regulations and upkeep of the vouchers and eligibility requirements of all parents; maintained database of families and business accounts of center.

**Publications**

Lambert S.F., Unterberg H. & Riggio M., "Family systems theory" in Pamela S. Lassiter & John R. Culbreth (eds.), *Theory and practice of addiction counseling*, Sage (2017, December). Chapter discusses using family systems approach when counseling youth suffering from addiction.

Riggio, M.B. & Retirement Living Television Aging Research Team (2008, April). *Caregiver Resource Guide*. Columbia, MD: Retirement Living Television. Book presents information for caregivers, families, and seniors needing assistance in making future decisions.

Riggio, M.B. & Retirement Living Television Aging Research Team (2007, December). *Online and multimedia guide book*. Columbia, MD: Retirement Living Television. Book presents a multimedia approach on developing television, websites and printed material for older adults.

Riggio, M.B. & Retirement Living Television Aging Research Team (2007, August). *RLTV research connections: 150+ facts about those 55+*. Columbia, MD: Retirement Living Television. Book presents aging facts about those over the age of 55.

Boveja, M.E. & McFadden, J. (2000). Urban adolescents and violencia. In Sandhu (Ed.) *Faces of Violence: Psychological Correlates, Concepts and Interventions*. Chapter examines factors related to urban violence, particularly with the Latino population.

Ashton, L. & Boveja, M.E. (1999, Fall). The intern experience: Professional opportunity, personal challenge. *Chi Sigma Iota Exemplar*, 14 (3), 5.  
 A discussion of the Chi Sigma Iota intern experience as it relates to leadership in Counselor Education.

Rotter, J. & Boveja, M.E. (1999). Counseling military families. *The Family Journal*, 7(4) 379-382.  
 Case study is presented to model the application of interventions in working with family members and their deployment issues.

Boveja, M.E. (1999). Parenting styles and adolescents' learning strategies in the urban community. In F. Schultz (Ed.), *Multicultural Education* (6th ed., pp.117-121). Guilford, Connecticut: Dushkin/McGraw-Hill. (Reprinted from *Journal of Multicultural Counseling Development*, 26 (2) 110-119, by M.E. Boveja, 1998).

Rotter, J. & Boveja, M. E. (1999). Families and schools: A collaborative endeavor. *The Family Journal*, 7 (3) 276-279.

Looks at how the relationship between a family therapist, school counselor, and parent(s) can have the greatest impact on a child's overall behavior.

Boveja, M.E. (1998). Parenting styles and adolescents' learning strategies in the urban community. *Journal of Multicultural Counseling Development*, 26 (2) 110-119.

Based on Master's Thesis that examined the quantitative relationship between perceived parenting styles and urban adolescents' learning and studying strategies.

Boveja, M. (1997, Fall). Being accepted. *Carolina Counselor*, 3 (1), 2-3.

Guidelines for individuals to increase their chances of getting accepted into a doctoral program in Counselor Education.

Boveja, M. (1997, Spring). Do you match up? *Carolina Counselor*, 4 (1), 3.

Finding the match between a counselor's theoretical approach and personality type.

Wakim, N. (with Boveja, M.) (1996).

Integrating research into Bowie State University

(Research Monograph No.1). Bowie, Maryland: Bowie State University, School of Graduate Studies and Research. Qualitative project that investigated graduate departments at BSU and at other institutions within the University of Maryland System (UMS) to organize, categorize, and analyze the steps and transitions recommended as being necessary for BSU to go from a teaching institution to a teaching and research institution.

Wakim, N. (with Boveja, M.) (1996).

Adjunct faculty salary rates within the University

of Maryland system (Research Monograph No. 2). Bowie, Maryland: Bowie State University, School of Graduate Studies and Research. Developed a questionnaire regarding adjunct faculty salary rates, analyzed and organized results received from institutions within the (UMS), and documented results in reportable spreadsheet format for university-wide distribution.

Baldi, R., Johnson, J., Boveja, M., Hykin, S., and Yu, J. (1995, March). Environmental

support effects on implicit memory. Poster publication presented at the Eastern Psychological Association, Boston, MA. Served as a research assistant to a project that used different lengths of word stems to test the hypothesis that greater levels of support would yield higher priming scores in freshman. 12/93-8/94, University of Maryland.

## **Service**

### ***Board Member (September 2015 – Present)***

Elected as board member to the William V.S. Tubman University Foundation Board in Harper, Liberia.

### ***Secretary (July 2017 – Present)***

Elected as Secretary to the William V.S. Tubman University Foundation Board in Harper, Liberia.

### ***President (April 2017-June 2019)***

Serve as the President of the Northern Virginia Counseling Association.

### ***Fundraising Chair (June 2016-May 2019)***

Elected as board member to the St. Peter's School in Olney, Maryland. Duties include overseeing major fundraising event of Gala/Auction and other fundraising activities.

### ***Executive Director (April 2016-June 2018)***

Served as the Executive Director for the Maryland Counseling Association.

***President (July 2013-July 2017)***

Appointed as the President of the Maryland Association for Marriage and Family Counselors for the Maryland Counseling Association (changed names from Maryland Association for Counseling and Development) .

***Past-President (July 2014 – June 2015, July 2003-June 2004)***

Served as Past-President for the Maryland Counseling Association. Duties included Membership Committee Chair and Awards/Nominations Committee Chair.

***President (July 2013-September 2014)***

Elected as the President of the MOMS Club of Laytonsville. Duties include support group for mothers and providing support to families in the area through service projects.

***President (July 2012-June 2014 & July 2002- June 2003)***

Elected as President for the Maryland Counseling Association. Duties include managing a non-profit Board, establishing and maintaining a budget, establishing and implementing working committees, offering on-going annual workshops and trainings, sponsorship of an annual Leadership Retreat, and coordination of an annual conference.

***Board Member (March 2004-August 2012)***

Elected as Board member of the Montgomery County Teachers Federal Credit Union. Served on several committees including: CEO Search, Financial Plan, Technology, Compensation, Planning and Nominations.

***President (December 2008-June 2012)***

Appointed as the President of the Association for Spirituality, Ethics, Religion and Values in Counseling for the Maryland Counseling Association.

***Executive Committee Member (September 2010-May 2012)***

Served as a co-faculty advisor to the Johns Hopkins University Chi Sigma Iota Counseling Honor Society's

***President (July 2004- June 2006)***

Elected as the President of the Association for Multicultural Counseling and Development for the Maryland Association for Counseling and Development.

***Newsletter Editor (June 2001 - May 2002)***

Served as Newsletter Editor for Maryland Association for Counseling and Development's "Compass Points" newsletter. Newsletter was published six times annually and required coordination between the executive committee, chapter presidents, and branch officers.

***Editorial Board Member (January 2000-December 2002)***

Selected to work as an editorial board member for the Maryland Journal of Counseling and Development. Duties included reviewing manuscripts for publication purposes.

***International Intern-Chi Sigma Iota (CSI) (May 1999-April 2000)***

Selected to work with the CSI National President and Executive Director and be exposed to leadership and mentoring through several committee projects.

***Chapter President-Chi Sigma Iota (August 1998-May 1999)***

Served with USC Chapter. Duties included organizing, delegated and overseeing the committee tasks of the organization. Primary responsibilities involved exercising leadership, presiding at all meetings, and working with the Executive Committee to establish and achieve goals.

***Student Interviewer (September 1997 - September 1999)***

Work with faculty and staff in the process of selecting Master and Education Specialist level students into the Counselor Education Program.

***Graduate Student Representative (August 1998 - May 1999)***

Served as the graduate student representative for the Counselor Education Program at the USC.

***Graduate Student Representative (October 1996 - May 1997)***

Served as the graduate student representative for the School of Graduate Studies and Research at Bowie State University.

**Memberships**

American Counseling Association

Emerging Leader 2001-2002

Association for Counselor Educators and Supervisors

Association for Multi-Cultural Counseling and Development

Chi Sigma Iota Counseling Honor Society

Internship 1999-2000

Chapter President 1998-1999

Faculty Advisor 2010-Present

Maryland Counseling Association

Executive Director 2016-2018

Board Member 2002-2006, 2008-Present

Past President 2003-2004, 2014- 2015

President 2002-2003, 2012-2014

Newsletter Editor 2001-2002

Maryland Association of Marriage and Family Counselors, President 2013-Present

Maryland Association of Multicultural Counseling and Development, President 2004-2006

Maryland Association of Spirituality, Ethics, Religion and Values in Counseling, President 2008 - 2011

Montgomery County Teachers Federal Credit Union Board Member 2004-2012

Northern Virginia Counseling Association

President 2017-2019

**Computer Skills**

Exceptional computer skills; proficient in Microsoft Office; competent in online learning platforms including eCollege, Blackboard, and Electronic Learning Center; well-versed in using Survey Monkey, WooFoo, and TK20 data collection, management, and analysis systems.